



ELGAR
COURT

BARCHESTER HEALTHCARE

MENOPAUSE AWARENESS EVENT

2pm, Thursday 20th February 2025



Following the success of our previous event we are delighted to welcome everyone wanting to find out more about menopause.

This event is free to attend and is designed for all ages who are affected by perimenopause and menopause symptoms, with an opportunity to ask questions and share experiences. We will be joined by a guest speaker who is a menopause and women's health specialist.

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